

## **Directions to Joint Care Clinic, Trinity College Carmarthen**



### **From the East**

From Cross Hands, go west on the A48 towards Carmarthen. Go straight across the first roundabout, and take the first exit off the next by B&Q and Tesco onto the A40 signed St Clears and Fishguard. Just past the B&Q turning, take the sliproad signposted Johnstown and Llansteffan, following the road around to the left. Turn left at the top of this, coming to some traffic lights by a pub called the The Friends Arms (see below)...

### **From the West**

Head toward Carmarthen on the A40. Take the Travellers Rest / Johnstown exit and turn left at the top of the sliproad, signposted Johnstown, Llansteffan and Leisure Centre. Go straight across the mini-roundabout and past a garage until you come to some traffic lights, by a pub called the Friends Arms (see below)...

### **From the North / Lampeter / Newcastle Emllyn**

Head toward Carmarthen and then the Carmarthen by-pass (A40) at the roundabout immediately before Glangwili hospital. Take the second exit at the next roundabout and on to the by-pass. Go straight across the next roundabout and go into the right hand lane to take the third exit at the next. Take the first exit off the B&Q / Tesco roundabout, signed St Clears and Fishguard, staying on the A40. Just past the B&Q turning, take the sliproad signposted Johnstown and Llansteffan, following the road around. Turn left at the top of the slip, coming to some traffic lights by a pub called The Friends Arms (see below)...

### **At the Friends Arms Junction**

Turn left immediately after the pub onto Jobs Well Road, following the road up the hill and round to the right at the top. The entrance to Trinity College is on the right and signposted Trinity College and the Halliwell Centre. Once you have entered the college campus, take the first left, signposted Sports Centre, following the road around. You will see a sign for Joint Care Clinic at the entrance to the car park. Please come into the Sports Centre and let one of the staff know that you have arrived.

**Joint Care Clinic  
Sports Centre  
Trinity College  
Carmarthen  
SA31 3EP**

**Tel: 07970 657041**